

# Sun Kings



# Welcome Aboard



Welcome to the Sun Kings stationed at Naval Base Ventura County!

The Goal of this guide is to provide a reference for Sun Kings and their family members.

Naval Base Ventura County (NBVC) is composed of Point Mugu and Port Hueneme geographically separated by 8 miles.

We are located in Ventura County, Surrounded by some of the most beautiful coastline on the west coast. The area offers great opportunities for work and pleasure and I encourage you and your family to get out and enjoy your new community.

Your time with the Sun Kings will be both rewarding and challenging. If this is your first time to California or you're returning, enjoy this great opportunity to be a part of the Sun Kings family, you'll find your experience to be personally and professionally rewarding.

Sincerely

Daniel E. Harwood  
Commander, US Navy

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**Carrier Airborne Early Warning**

**Squadron One One Six**



## **Commanding Officer**

**Commander Daniel E. Harwood**

**United States Navy**

**Commander Dan E. Harwood**

**United States Navy**

Commander Daniel E. Harwood is a native of Derry, New Hampshire. Upon graduation from Penn State University in State College, Pennsylvania in January 1995, he was commissioned as an Ensign through the NROTC program, and immediately reported to Pensacola, Florida for flight training.

In December 1997 he qualified as a Naval Aviator after completing carrier qualification on board USS ENTERPRISE (CVN 65), and reported to the “Greyhawks” of VAW-120 for training in the E-2C Hawkeye. Commander Harwood then moved to Point Mugu, California where he joined the “Sun Kings” of VAW-116 in October 1998 and completed two deployments to the Arabian Gulf in support of Operation SOUTHERN WATCH on board USS CONSTELLATION (CV 64).

In October 2001, Commander Harwood returned to the “Greyhawks” of VAW-120 in Norfolk, Virginia where he served as flight instructor, Pilot Training Officer, and head Landing Signal Officer until his departure in February 2004.

In March 2004 he reported to Yokosuka, Japan where he served as Flag Aide to Commander, Carrier Strike Group FIVE on board USS KITTY HAWK (CV 63) until June 2005.

In October 2005 he returned to the “Sun Kings” of VAW-116 where his jobs included Safety Officer, Administration Officer and Maintenance Officer. While with the “Sun Kings,” Commander Harwood deployed to the Western Pacific on board USS ABRAHAM LINCOLN (CVN 72).

In October 2007 he assumed the position of VAW/VRC Placement Officer at the Navy Personnel Command in Millington, Tennessee where he served as the principle manpower manager for the VAW/VRC community, as well as five east coast carrier air wings and eight training commands.

In November 2009 he reported to the Naval War College in Newport, Rhode Island where he earned a Master’s Degree in National Security and Strategic Studies before returning to Point Mugu, California where he acted as the Airborne Command, Control and Logistics Wing Operations Officer until January 2012.

Commander Harwood joined the VAW-116 “Sun Kings” as Executive Officer in February 2012 while they were deployed to the FIFTH Fleet area of operations in support of Operation ENDURING FREEDOM.

His military awards include the Navy and Marine Corps Commendation Medal (five awards), the Navy Achievement Medal (two awards), and various unit awards and citations. He has accumulated over 3,400 flight hours and 400 carrier arrested landings.

Commander Harwood’s two sons, Luke (10) and Ethan (8), reside in Glenwood Springs, Colorado.

## **Carrier Airborne Early Warning**

# Squadron One One Six



## Executive Officer

Commander Daniel Stone

United States Navy

EXECUTIVE OFFICER

Daniel Stone

CDR Stone received his commission through ROTC at Texas A&M University after completing his Bachelor of Science Degree in Animal Science, Science Option, in May 1996. He then attended flight training at NAS Pensacola and was selected for E-2C Hawkeye training. After attending FRS training at NAS Norfolk, he reported to the VAW-116 "Sun Kings" at NAS Point Mugu in 1998. He cruised twice in support of Operation SOUTHERN WATCH and conducted a Counter-Narcotics Detachment to the Caribbean AOR.

In 2002, CDR Stone was selected for assignment as the FRS Weapons and Tactics Instructor (WTI) and transferred to the VAW-120 "Greyhawks." In addition to his instructor duties, he was also a member of the Fleet Project Team, developing simulators, training aids, and infrastructure requirements for near-future Fleet use.

In 2004, CDR Stone then transferred to the VAW-126 "Seahawks" to serve as their WTI and Training Officer. He deployed in support of Operation IRAQI FREEDOM and Operation ENDURING FREEDOM. CDR Stone was then accepted to the Naval War College and the Naval Operational Planner Course earning a Master of Arts in National Security and Strategic Studies. After the completion of both courses of study in 2006, he was temporarily assigned to assist Commander, U.S. Naval Central Command by augmenting N5 Plans.

In 2007, CDR Stone reported to the VAW-113 "Black Eagles" where he participated in a surge WESTPAC Deployment and two cruises in support of Operation ENDURING FREEDOM. He served as the Training Officer, Administration Officer, and Maintenance Officer.

In November 2009, CDR Stone reported to NORAD and USNORTHCOM Headquarters as an Action Officer in the J5 Campaign Plans Branch. He completed his tour as the Branch Chief for J5 Homeland Defense Plans Branch.

CDR Stone's awards include the Defense Meritorious Service Medal, six Air Medals (Strike/Flight), two Navy Commendation Medals, and four Navy Achievement Medals. He is authorized to wear numerous campaign medals and unit awards.

**Carrier Airborne Early Warning**

**Squadron One One Six**



**Command Master Chief  
CMDCM Domingo O. Soto**

**CMDCM Domingo O. Soto**

**United States Navy**

Master Chief Soto is a native of El Paso, Texas, and a graduate of Austin High School. He entered the U.S Navy in January 1985 and went to Basic Training in San Diego, California.

Master Chief Soto's career has spanned a great variety of duty stations and assignments. His duty assignments are highlighted with tours aboard USS LONG BEACH (CGN 9), USS COPELAND (FFG 25), SIMA San Diego, HSL-49 in North Island, USS RUSHMORE (LSD 47), and Navy Recruiting District Dallas. He has also served as Department LCPO onboard USS BONHOMME RICHARD (LHD 6), USS PEARL HARBOR (LSD 52), USS GREEN BAY (LPD 20), and USS TARAWA (LHA 1), where he decommissioned her after 31 years of Naval service.

Joining the Command Master Chief program, his first assignment was CMC VFA-115, the World Famous Eagles, forward deployed to Carrier Air Wing Five in Atsugi Japan from May 2009 to May 2011. He guided VFA-115 through two arduous deployments onboard USS RONALD REAGAN (CVN-76) and USS GEORGE WASHINGTON (CVN-73) and a very difficult homeport change from NAS Lemoore, California to NAF Atsugi, Japan. Although a great tour with VFA-115, the opportunity to deploy presented itself and he returned as CMC of VAW-116.

Onboard USS BONHOMME RICHARD in 2001, he deployed for Operations ENDURING FREEDOM, IRAQI FREEDOM, and NOBLE EAGLE.

He is a graduate of the Senior Enlisted Academy, Class 119 (Khaki) and the Command Master Chief Course, Class 60.

Master Chief Soto's awards include the Navy and Marine Corps Commendation Medal (5), Navy and Marine Corps Achievement Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, and numerous unit and campaign ribbons.



## VAW 116 SQUADRON HISTORY

Carrier Airborne Early Warning Squadron ONE ONE SIX (VAW-116) is one of four Carrier Airborne Early Warning squadrons currently located in Point Mugu, California under the cognizance of Commander, Airborne Command Control and Logistics Wing (COMACCLOGWING).

On April 20, 1967 VAW-116 was commissioned and received the E-2B aircraft. The "Sun Kings" completed three Far-East deployments as part of Attack Carrier Air Wing FIFTEEN and two while attached to Attack Carrier Air Wing NINE.

In July 1975, VAW-116 transferred to Attack Carrier Air Wing EIGHT. Concurrently, the west-coast VAW community, including VAW-116, moved from Naval Air Station, North Island to Naval Air Station, Miramar. Reassigned to Carrier Air Wing EIGHT, the Sun Kings saw duty in the North Atlantic in 1975.

In 1976 VAW-116 embarked on USS NIMITZ (CVN 68) for a Mediterranean deployment. The squadron transferred to Carrier Air Wing SEVENTEEN embarked on USS FORESTALL (CV 59) in 1977, and deployed to the Mediterranean and North Atlantic in March of 1978.

During 1979-1980, VAW-116 transitioned to the E-2C and made a Western Pacific/Indian Ocean deployment from February 26, 1980 to October 15, 1980 aboard USS CONSTELLATION (CV 64) in support of Iranian Contingency Operations.

The squadron was assigned to Carrier Air Wing TWO in July 1981. On April 7, 1982, the squadron embarked on USS RANGER (CV 61) for a Western Pacific/Indian Ocean deployment. Returning in October 1982, the Sun Kings remained with Carrier Air Wing TWO aboard USS KITTY HAWK (CV 63), deploying on January 13, 1984.

In July of 1987, the Sun Kings deployed aboard USS RANGER (CV 61) for a six month Western

Pacific/Indian Ocean deployment providing support for the re-flagged Kuwaiti Tanker missions. On February 24, 1989 the squadron deployed aboard USS RANGER (CV 61) to the Western Pacific and Indian Ocean, supporting operations with the Omani and Royal Thai Air Forces.

VAW-116 sailed aboard USS RANGER (CV 61) on December 8, 1990 to the Western Pacific in support of Operations Desert Shield and Desert Storm. During Operation Desert Storm the squadron flew 1,364 total flight hours and spent 93 days on station in the Arabian Gulf.

The Sun Kings returned on January 31, 1993, from a highly successful Western Pacific deployment in support of Operation Southern Watch in Iraq and Operation Restore Hope in Somalia, winning the coveted Battle Efficiency "E" Award for 1992. In February of 1993, the Sun Kings commenced a transition from the E-2C Group 0 to the E-2C Group II aircraft. The Group II weapons system represented a tremendous advancement in avionics, communications, propulsion, and navigation systems.

In May of 1993, VAW-116 deployed to the Republic of Panama in support of JTF-4 Joint Task Force Four Operations. Upon returning, the Sun Kings were awarded the AEW Excellence Award for 1992. This remarkable achievement recognized the Sun Kings as the premier VAW Squadron for the entire E-2C community.

In November of 1993, VAW-116 commenced a rigorous work up cycle at NAS Fallon, Nevada. This cycle included "Rim of the Pacific" (RIMPAC 94), in which Carrier Air Wing Two conducted joint operations with five other nations, and culminated in Fleet exercises during August/September 1994.

On 10 November 1994 the Squadron embarked on USS CONSTELLATION (CV 64) on a Western Pacific and Arabian Gulf deployment. The Sun Kings provided vital AEW and Battle Group coverage off the coast of North Korea and supported Operation Southern Watch over Iraq.

In June 1995 and February 1996, the Sun Kings deployed to conduct surveillance operations at Naval Station Roosevelt Roads, Puerto Rico, in support of Joint Inter-agency Task Force East (JIATF-EAST).

On 01 April 1997, the squadron embarked on USS CONSTELLATION (CV 64) for a Western Pacific and Arabian Gulf deployment. During the six month deployment the squadron provided vital surveillance of Iraq in support of the United Nations' "No Fly Zone" as part of Operation Southern Watch. In addition, the squadron participated in military exercises with the Pakistani Air Force.



In February and March of 1998 the squadron again deployed to Naval Station Roosevelt Roads, Puerto Rico, to conduct counter narcotics surveillance operations in support of JIATF-EAST.

On 18 June 1999 the Squadron embarked on USS CONSTELLATION (CV 64) for a Western Pacific/Arabian Gulf deployment. During the next six months VAW-116 provided surveillance of Iraq in support of Operation SOUTHERN WATCH. After this successful deployment the squadron was awarded the 1999 Chief of Naval Operations Safety "S".

In January 2000, the squadron deployed again to conduct surveillance operations at Naval Station Roosevelt Roads, Puerto Rico in Support of JIATF-EAST.

The Sun Kings deployed aboard USS CONSTELLATION (CV 64) to the Western Pacific and Arabian Gulf from 15 March 2001 to 15 September 2001, providing airborne early warning for Operation SOUTHERN WATCH over Iraq.

In November 2001, the squadron detached to Naval Air Station Norfolk, Virginia in support of Operation NOBLE EAGLE. During this operation, the Sun Kings assisted in providing continual airborne early warning coverage over the East Coast as a result of the 11 September 2001 Terrorist Attacks.

VAW-116 embarked on USS CONSTELLATION (CV 64) to the Western Pacific and Arabian Gulf on

October 2002. The Sun Kings flew extensive Airborne Battlefield Command and Control missions in support of the U.S. Army V Corps' and the U.S. Marine Corps II MEF's invasion of Iraq and advance on Baghdad during the initial weeks of Operation IRAQI FREEDOM. The squadron was proud to be a part of Connie's final deployment in support of Operations SOUTHERN WATCH and IRAQI FREEDOM.

In November 2003, the Sun Kings initiated a transition to the E-2C Hawkeye 2000 airframe. VAW-116 completed the transition in August 2004 with delivery of the squadron's fourth and final aircraft. The Sun Kings embarked on USS ABRAHAM LINCOLN (CVN 72) in October of 2004, to execute a surge deployment to the Western Pacific. They completed Integrated Warfare Training in the vicinity of Hawaii before transiting west.

Their deployment was extended when the Abraham Lincoln Carrier Strike Group was called to assist in Operation UNIFIED ASSISTANCE in Banda Aceh, Indonesia as a result of the earthquakes and tsunamis that struck the area. The Sun Kings aided in effort by sending Sailors ashore to distribute much needed food and medical aid to the wounded disaster victims.

The squadron returned to sea in March 2006 on a Western Pacific deployment in support of Exercises FOAL EAGLE, VALIANT SHIELD, and RIMPAC. VAW-116 became "semi-famous" in 2006 for its remake of the "Pump It" music video, originally done by the Black Eyed Peas. The video originated as a project onboard the ship to fight off boredom and to boost morale. "Pump It" has recorded nearly 1,250,000 views on YouTube. The sequel, a remake of Outcast's video "Hey Ya," included every single member of the Sun Kings and has recorded over 1,000,000 views. Both videos have been shown on national television and news stations in other countries.

Upon their return from deployment in 2006, the Sun Kings upgraded their aircraft with the eight-bladed New Propeller 2000 system (NP2K). This upgrade was completed in March 2007, just after the squadron returned from detachment to Fallon, NV. In May of 2007, the Sun Kings completed NP2K carrier qualification aboard USS Harry S. Truman (CVN 75) off the Virginia Coast. In March 2008, the Sun Kings embarked with Carrier Air Wing TWO aboard USS Abraham Lincoln (CVN 72) for deployment to the U.S. Fifth Fleet Area of Responsibility.

In March 2008, the Sun Kings embarked with Carrier Air Wing TWO aboard USS Abraham Lincoln (CVN 72) for deployment to the U.S. Fifth Fleet Area of Responsibility. They participated in Operations IRAQI FREEDOM and ENDURING FREEDOM and provided critical tanker and airspace management for strike and support aircraft. During the deployment, the squadron earned the CVW-2 Deployment Top Hook award and the Chief's Mess was presented the Broadsword Award for the best CPO Mess in CVW-2. They returned home in October 2008.

## How to locate us?

### TRAVEL BY AIR

If you are arriving by air, you can fly into Los Angeles International Airport and take any commercial commuter bus to Camarillo or Oxnard and then by rental car or taxi to Point Mugu. You may also fly into the county on either United Express 800-241-6522 or American Eagle 800-433-7300 from LAX to Oxnard airport and then take a taxi or rental car to Point Mugu.

### TRAVEL BY CAR

Should you opt to travel by car, from Los Angeles, CA. take the 101 N. to Las Posas Rd., head west about 6 miles to gate 3 (Las Posas Gate) turn right at road just prior to gate. Take that frontage road that runs along PCH-1 right before the gate and follow around to second stop sign and turn left to the main gate. From main gate continue straight and turn left in front of Air strip. At second stop sign turn right. At the end of the road is Hanger 533 directly in front of you. If we are deployed return opposite direction on same road to building 50 and check in with duty personnel.

If arriving from Northern California take exit 101 S. exit at Las Posas Rd. following the above directions to the Main Gate.

If you are coming from the east from Interstate 5 either North or South, you will exit at the Ventura 126 Freeway. Take 126 West to Victoria Ave., South to 101 S. freeway entrance. From there exit at Las Posas Rd. following the above directions to the Main Gate. A map of the base is located on page 25.



## What to do upon arrival.

### **Step 1: First of all, Welcome to the Sun Kings of VAW-116!**

Upon your arrival, your orders will be endorsed, either through the Duty Office (SDO or ASDO) or the Admin Receipt Clerk. **If the squadron is deployed you will need to check into COMACCLOGWING, building 50 at NVBC Ventura County Point Mugu.** This endorsement is very important because it determines when to stop your leave or travel status.

### **Step 2: When you arrive** you will be introduced to your Sponsor.

Your sponsor will be your guide through the check in process. He or she will show you the squadron spaces and important location on the base (i.e. PSD, Medical, Dental, Housing Office, etc). Obtain a check-in sheet from the ADMIN Office from the Receipt Clerk. Your sponsor will assist you during the check-in process which should be completed within 3 working days.

### **Step 3:** When you check-in with the receipt clerk, you will need to do the following:

- Complete a Travel Claim (Bring all receipts)
- Verify your Page 2 (Dependency application/record)
- Verify your SGLI (Service Group Life Insurance).

**\*\*Important information to have with you when you check in with ADMIN:**

- Recall Address (Residence address or Barracks # and room and Phone number)
- Dependents recall address (If not the same as residence address and phone numbers)

## Welcome to Naval Base Ventura County- NAS Point Mugu

The information provided here is intended to help you and your family as you transition to your new assignment. Southern California is an exciting place to be and offers activities for every interest. With all of the sights of Los Angeles within an hour's drive south and beautiful Santa Barbara only 45 minutes to the north, you and your family will have little trouble finding something to see or do. Visit [www.cnvc.navy.mil/Ventura/index.htm](http://www.cnvc.navy.mil/Ventura/index.htm) for more information.

**Where to begin?** Well before you even arrive, the SITES website will help you gather relocation information on major installations worldwide. You are invited to visit the web site listed below for information concerning Naval Base Ventura County and its facilities.

- **SITES (Standard Installation Topic Exchange Site)**  
[www.dmdc.osd.mil/sites/sites.html](http://www.dmdc.osd.mil/sites/sites.html) (Worldwide relocation information on major military installations for use by Service men and women and their families during permanent change of station.)
- **Naval Base Ventura County (NBVC) Public Web Site**  
[www.cnvc.navy.mil/Ventura/index.htm](http://www.cnvc.navy.mil/Ventura/index.htm) NBVC is the host command that provides base operating support (BOS) for more than 70 military commands located at NBVC's two sites: CBC Port Hueneme and NAS Point Mugu. Check out their web site for information regarding Base Services.



## Command Career Counselor

**Stay Navy!** It's the wise choice.

Today's Navy is the most accommodating it has been in a very long time. This is the time to stay and take advantage of all the new opportunities. The benefits to staying Navy until Fleet Reserve eligibility are too numerous to mention in their entirety but when you consider travel location's, SRB, 100% Tuition Assistance, MGIB, NCPACE, TSP and world-wide assignment with lifelong retainer pay after only 20 years of service to your country you have to feel like pinching yourself. In light of the recent market volatility and employment uncertainty in the civilian sector, the job security is welcome peace of mind for your future and your family's future.

### Contact Information

VAW-116 Retention Advisor / Command Career Counselor  
Telephone: 805-989- 8574  
DSN: 351- 8574  
FAX: DSN 351- 9064  
NBVC Point Mugu, CA 93042



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## Reference Information

### VEHICLE PASSES

Military Decal

Telephone: 982-5003

Location: Port Hueneme Visitor Control Pass & ID

Hours: Monday through Friday 6:30 am to 4:00 pm

Saturday/Sunday Holidays - obtain 24 Hour temporary  
pass at Point Mugu main gate.

Check the expiration date on your vehicle decal; if the sticker expires during cruise, you can obtain a new one two months prior to deployment to ensure base access. To obtain a new sticker you must provide proof of insurance (minimum of \$15,000 collision, \$30,000 individual, \$5,000 property damage), valid military I.D., vehicle registration, a valid driver's license, and current smog check. The smog check is a new requirement effective January 1996 for all out of state vehicles.

## **IDENTIFICATION CARDS**

PSD PORT HUENEME ID CARD SECTION

Telephone: 982-5367

Location: Building, 2600, CBC Port Hueneme

Hours: Monday through Friday: 7:30 to 16:00

ONLINE APPOINTMENT: [https://es.cac.navy.mil/?site\\_id=NBVCPH](https://es.cac.navy.mil/?site_id=NBVCPH)

## **MEDICAL SERVICES**

The Navy's medical resources are woefully inadequate to care for all persons entitled to Navy medical care. The large demand for and short supply of medical resources has driven the establishment of an appointment system to ensure fairness and efficiency. The purpose of this information is to familiarize you with the basic medical care available in this area.

## **Naval Ambulatory Care Center, Port Hueneme Patient Information**

### **PRIMARY CARE WALK IN CLINIC**

Telephone Number: 982-6320

The Primary Care Clinic is where each patient will be seen, the medical problem diagnosed, and medical treatment begun.

### **GENERAL PEDIATRIC CLINIC**

Telephone Number: 982-6342

The General Pediatric Clinic deals with pediatric medical problems other than acute illnesses in children less than 12 years of age.

### **NAVCARE CLINICS**

NAVCARE Clinics provide general ambulatory care to active duty, retirees and dependents on an appointment basis. Basic laboratory, X-ray services and medications are provided on site. Services range from providing same day acute care to management of routine, or long term, uncomplicated, chronic illnesses. Critically ill or seriously injured patients should go to the nearest military or civilian hospital emergency room.

Additional services include well-child care, immunizations, women's health screening, mammography and physical exams for school, daycare or work, health education and family planning.

All patients (10 years and older) must present valid ID card and be enrolled in DEERS.

**ALL CLINICS ARE OPEN 365 DAYS A YEAR, INCLUDING WEEKENDS AND HOLIDAYS. MONDAY**

**THROUGH FRIDAY 7:00 AM TO 8:00 PM. WEEKENDS AND HOLIDAYS 7:00 TO 4:00 PM.**

NAVCARE Clinics are located as follows:

Clairemont Mesa Blvd., San Diego, CA 92123

Information Tel: 858-569-6664

670 L Street, Chula Vista, CA 91911

Information Tel: 619-585-0099

1840 West Drive, Vista, CA 92083

Information Tel: 760-643-2000

**DEFENSE ENROLLMENT ELIGIBILITY REPORTING SYSTEM (DEERS)**

**1-800-334-4162**

DEERS is a system used in conjunction with the military identification card for determining eligibility for medical care. Enrollment in DEERS is mandatory. Dependent enrollment is accomplished by filling out the DD Form 1172 (dependent ID card application form). If you have an addition to the family your spouse will need to notify personnel and have your new baby entered into the DEERS system to have medical coverage. Most dependents have already been enrolled through application for their ID card, however, if you are not enrolled, your sponsor needs to see his Personnel Officer or the Personnel Support Detachment (PSD). DEERS eligibility expires every four year or when your dependent I.D. card expires.

**TRICARE**

**Triwest 1-888- 874-9378**

**ALL SERVICE MEMBERS AND EACH FAMILY MEMBER MUST ENROLL WITH TRICARE AT PORT HUENEME!**

All CHAMPUS health benefits in California and Hawaii are managed under the TRICARE Program, which offers three options for securing appropriate health care services.

TRICARE Prime features expanded benefits, no premiums, no CHAMPUS deductibles, reduced co-payments, and usually no claim forms. TRICARE Prime is a voluntary program, which requires a one-year minimum enrollment and use of the TRICARE provider network. Call 1-800-242-6788 for enrollment/disenrollment, eligibility and authorizations.

TRICARE Extra requires no enrollment. CHAMPUS-Eligible beneficiaries will experience lower cost shares and usually no claim forms by using the TRICARE provider network, however, under TRICARE Extra, the required CHAMPUS deductibles will apply. Access to the TRICARE provider

network can be obtained through the Health Care Finders located in the TRICARE Service Center.

TRICARE Standard pays a share of the cost of covered health care services obtained from a non-network civilian health care provider. This option requires no enrollment, however, under TRICARE Standard, the required CHAMPUS deductibles do apply.

#### DENTAL

United Concordia 800-866-8499

There are no family dental facilities on base. A referral list can be obtained from the insurance provider.

#### **LEGAL ASSISTANCE**

Telephone: 989-7309

Location: Legal Office Naval Base Ventura County

Hours: Monday thru Friday 8:00 am to 4:00 pm

The NAS Point Mugu Staff Judge Advocate provides limited legal services, such as preparing powers of Attorney or notarizing. For further legal assistance a legal assistance attorney from the Naval Legal Service Office at Port Hueneme will provide advice on wills, powers of attorney, electronic tax filing during January through April, separation, dissolution of marriage (divorce), non-support of dependents, debtor/creditor problems, landlord/tenant problems, and other civil legal matters. A "civil" legal matter is one between two individuals, regardless whether one or both are service-members. Any discussions of your problem will be held in strictest confidence. Superior officers or petty officers cannot lawfully require disclosure of such matters.

Representation of service members in civil court actions by legal assistance attorneys is not permitted. If civilian attorney assistance is required, the legal assistance attorney will refer you to the appropriate attorney referral service for assistance. If you hire a civilian attorney, you will be required to pay his or her fee for services rendered.

#### **COMACCLOGWING FAMILY CONTACT AND ASSISTANCE OFFICER**

Telephone: 805-989-0163

Location: Naval Base Ventura County

Serves as a personal contact to which families of deployed personnel may turn to for assistance in time of emergency or for advice in personal or legal matters. The Family Contact and Assistance Officer can be an intermediary between dependents of deployed personnel and community service organizations as well as an aid to dependents seeking legal counsel.

#### **OMBUDSMAN**

The Command's Ombudsman is a spouse of a member of the command, an official volunteer appointed by the Commanding Officer. She has been selected for her role based on her availability for service, organizational skills, judgment, discretion, empathy, and her ability to maintain confidentiality with the families of the personnel serving in the command. She is well trained for her responsibilities through various formal school, seminars and meetings. She acts as a referral service, an information source, a complaint department and a source of comfort to the command's wives in time of need. She is your friend and you can rely on her for good, sound advice.

805-607-1500 OR 805-488-9136

### **CHAPLAIN**

Point Mugu: Telephone 989-7967. After hours and on weekends: 989-7209 Port Hueneme: 982-4358

Chaplains are your clergymen in uniform. They are concerned with your personal problems as well as your spiritual welfare. Chaplains provide regular religious instruction as well as counseling, guidance and assistance in sickness, death, or other emergencies. If you are calling the Chaplain after normal working hours he may be reached through the Officer of the Day (OOD) at the number listed above.

### **AMERICAN RED CROSS**

Telephone: PORT HUENEME 982-3074/5200

24 hour lines 800-951-5600

NBVC/ TENNENT COMMANDS 877-272-7337

The American Red Cross offers a wide variety of services including communication of emergencies, counseling in personal/family problems, emergency financial assistance, and nursing health programs. Families not residing in the Point Mugu or San Diego areas should call their local Red Cross (the Information Operator will have these phone numbers).

### **NAVY-MARINE CORPS RELIEF SOCIETY OFFICES**

Telephone: Naval Base Ventura County 982-4409

MCAS Miramar Building W-2273 577-1807

Hours: Monday through Friday 9:00 am to 3:00 pm

Navy Relief is the Navy's own organization for helping Navy and Marine Corps personnel and their families. Funds for this assistance are obtained from the voluntary contributions of naval personnel.

**FINANCIAL AID:** Available for situations that are beyond the control of you or your family. This includes basic requirements for food, clothing, rent, or other emergencies. Financial aid may be rendered as an interest free loan, grant, or combination of both according to the circumstances.

Financial aid is not available for payment of debts for non-essentials; debts contracted before enlistment; debts caused by the service member's misconduct; to finance marriage or divorce; to pay fines or taxes; or to purchase homes, cars, or other convenience items.

**SERVICES:** In addition to financial aid, Navy Relief provides many other services including hospital visitation, layettes, food lockers, budgeting for baby and budgeting basics classes and thrift shops. Navy Relief also offers referrals to other agencies for assistance with specialized problems such as child guidance and legal assistance.

### **FAMILY SERVICE CENTERS**

Telephone:   Naval Base Ventura Count 805-989-8146  
                  MCAS, Miramar                   858-577-6931  
                  CBC Port Hueneme           805-982-5037

The Family Service Centers' (FSC) mission is to provide all active duty, retired military personnel and their dependents with a single contact point for reliable information and assistance. The FSC also provides confidential, professional, and short-term individual, marital or family counseling, or referral to other programs and resources that are available in the Navy and civilian community.

In addition, the FSC offers a wide-range of personal and family enrichment programs, general military training (GMT) and special request topics. The FSC also offers a Spousal Employment Assistance Program, which assists individuals in finding local employment and mobile careers. The relocation section is designed to help those who are new to Point Mugu, and those who are transferring to other duty stations. Current information packets on military bases worldwide are kept on file.

### **PERSONAL PROPERTY**

One consequence of deployment is that some of you may want to move your family from their current residence. The following will help you vacate your current housing and find other housing with minimum difficulty.

### **GIVING NOTICE**

Failure to give notice may result in paying an extra month's rent after you have moved and loss of your deposit. If you have a written rental agreement, check it to see if it discusses giving notice. If nothing is mentioned, or if your rental agreement is oral, you must give your landlord at least 30 days written notice prior to moving out. Notice can be given at any time during the month as long as it is 30 or more days before you want to move.

Give the landlord or manager the written notice in person, and have a friend (not a relative)

watch you do so. BE SURE TO KEEP A COPY FOR YOUR OWN RECORDS! You may be required by the lease to give 30 days notice in writing before the lease runs out if you intend to leave. If you don't, you will legally be bound to pay rent for at least one more month. This is legal if called for in the lease. If your lease commits you to stay where you are but you want to leave don't do anything until you have talked to a Legal Officer. In some cases, a lease can be broken with very slight consequences for the renter. In others, it's a financial disaster. Do not act until you have received legal advice.

### **MILITARY CLAUSE**

If you are going to rent an apartment, make sure the lease has a "military clause" that allows you to leave on short notice.

### **DEPOSITS**

Normally, the landlord may keep only the part of the deposit necessary to pay for cleaning, unpaid rent, and to repair damages caused by the tenant. Before you move out of the apartment ask your landlord to inspect it with you for cleanliness and damage. If he agrees it is OK, have him sign a note saying so. If he won't sign or won't inspect the place with you, inspect it yourself and take pictures of all rooms.

If you and the landlord disagree, write down the disagreements and both of you sign it. This is important to prove you left the place in good condition. If you don't receive your refund within two weeks, see the Legal Officer immediately. Spouses should be given a special Power of Attorney so they can cash any refund check received from the landlord or, so they can sue the landlord in small claims court if necessary.

### **MOVING**

Smart Move Website: [www.smartmove.navsup.navy.mil](http://www.smartmove.navsup.navy.mil)

If you are to be transferred after the ship deploys you should leave your spouse a Special Power of Attorney to arrange for the shipment of household goods and make claims in the move. If your family is remaining in Point Mugu and is on a government-housing list, leave your spouse a Special Power of Attorney for obtaining government housing. If you have just been transferred and your family will move to Point Mugu after the ship deploys, your spouse will need several Powers of Attorney. You may obtain them from the Legal Office.

### **HOUSEHOLD EFFECTS**

Telephone: Naval Base Ventura County	982-4104
Naval Supply Center, San Diego	556-MOVE

Hours: Monday through Friday 7:30 am to 4:00 pm

The Personal Property Office for Point Mugu/Port Hueneme is located at Building 101, CBC Port Hueneme.

### **EARTHQUAKES**

#### **BEFORE AN EARTHQUAKE:**

Have emergency supplies like a portable radio, flashlight, first aid kit, water, and food. Learn what switches and valves control water, gas, and electricity; and how they work. Pinpoint nearest hospitals, fire, and police stations for help if phones are out of order.

### **HOSPITALITY KITS**

If all your household goods are being shipped the Fleet and Family Support Center in Port Hueneme will be happy to loan you a hospitality kit which contains silver ware, plates, cups, coffee maker, pots and pans, iron, toaster, and cooking utensils. Sleeping mats are also available. 805-982-3159/5037

### **POINT MUGU GALLEY**

The NBVC Point Mugu galley is located off Mugu Road near Missile Inn, and barracks. They have a combined menu website which is updated weekly and can be found at [www.nbvc.navy.mil](http://www.nbvc.navy.mil) or you may call 805-989-7741.

Hours of operation:	MON-FRI	Weekends/Holidays
Breakfast	0600-0715	0630-0730
Lunch	1100-1300	1030-1230
Dinner	1600-1800	1630-1800

### **BACHELOR HOUSING**

Our centralized check-in/out is 24 hours at the Point Mugu Missile Inn, Building 27 at 805-989-8251. For members checking into Barracks after hours proceed to building 23 and the Barracks Petty Officer will assign you a temporary room for overnight stay until a command room can be made available.

### **GROCERY STORES**

The only commissary is located at Port Hueneme. Civilian stores located closer to Point Mugu include Ralph's, Albertson's, Fresh and Easy, and Trader Joe's. The area has a wide variety of Mexican specialty stores containing all your Authentic Mexican dish preparation items. They usually carry butcher fresh selections and farm fresh produce. Numerous produce stands are located on the side roads leading to the grocery stores. Cosco and Sam's Club are within 10 miles of the base. On the weekends Camarillo and Santa Monica have fresh out door markets.

## **COMMAND POINTS OF CONTACT**

Area Code: 805	
DSN: 351	
Commanding Officer	989-8538
Executive Officer	989-8569
Command Master Chief	989-9369
Duty Phone	989-8634
24 Hour Squadron Care Line	989-0689 or toll-free 800- 640-0935
Ombudsman	607-1500 cell phone 488-9136
Admin Officer	989-8587
Admin CPO	989-8597
Personnel	989-9494
Career Counselor	989-5038
1st Lieutenant	989-9494
Personnel Officer	989-9494
Legal / PAO / ESO / 1st LT DIVO	989-9494
DK	982-4509 (DSN 551)
PSD Port Hueneme	989-2913 (DSN 551)
Safety Officer	989-0661
Aviation Safety Officer	989-9217
NFO & Pilots NATOPS	989-9217
GSP and GSPO	989-8633
Maintenance Officer	989-0469
Asst Maint Officer	989-9847
AE Shop	989-9489
Airframes / Corrosion Control	989-9384
AT Shop	989-9855
Corrosion Control	989-9384
Maint DIVO / QAO / MCO	989-9837
Fax	989-9064
Line Shack	989-9597
AZ Shop	989-9483
Maint Admin / HAZMAT	989-9386 / 8652
Maintenance Control	989-0654
MMCPO	989-9388
Paraloft (PR / AME Shop)	989-8662
Power Plants	989-9859
Quality Assurance	989-9481 / 9847

## TELEPHONE DIRECTORY

To Call	Point Mugu	Hueneme
On Base	805-989-XXXX	905-982-XXXX
DSN	351-XXXX	551-XXXX

Allotment Check Information DFAS Cleveland Center.....	888-332-7411
	Dsn 580-5637
Air Terminal.....	989-7731
Auto Hobby Shop	989-7353
Automobile Pass and Identification NBVC.....	989-7670
Aviation Medicine	989-7213
Barber Shop.....	989-7271
Beach Motel	989-8407
BEQ/BOQ .....	989-8251
Bowling Center	989-7667
Chaplain Point Mugu.....	989-7967
Child Development Services	989-8375
Commissary CBC Port Hueneme.....	989-6800
Counseling Crisis Team (24 Hour Mental Health Emergency Suicide Prevention Hotline)	800-479-3339
Child Abuse Hotline.....	800-479-3339
Department Of Motor Vehicles	
4050 S. Saviers Rd. Oxnard	800-777-0133
4260 Market St. Ventura.....	800-777-0133
Chula Vista	800-777-0133
El Cajon .....	800-777-0133
Escondido	800-777-0133
San Ysidro .....	800-777-0133
Spring Valley	619-469-9360
Dental Point Mugu .....	989-7126
Dependent Dental Care (For Emergency Only)	989-7603
Dry Cleaner .....	986-2357
Emergency	911
Family Contact and Assistance Officer.....	989-0163
Family Advocacy Representative	982-6331
Family Service Center CBC Port Hueneme .....	982-5037
Fire Division Point Mugu	989-7303
Family Service Center NBVC .....	989-8146
Fleet and Family Service Center	989-8146
Family Home Care Provider.....	989-9360
Food Stamps	805-385-8519

Galley.....	989-7741
Golf Course Port Hueneme	982-2620
Gym Point Mugu .....	989-7728
Hospitals	
Community Memorial	805-652-5011
St John's Regional Hospital.....	805-988-2500
Vista Del Mar Hospital	805-653-6434
Housing Office NBVC.....	982-4321
Housing Point Mugu	989-3025
Id Cards PSD Port Hueneme.....	982-8523
ITT Ticket Office	989-7628
Legal Office (Pt Mugu).....	989-7309
Liberty Programs	989-0919
Light House Base Newspaper.....	989-8717
Library	989-4743
Las Posas Gate.....	989-8004
Main Gate Point Mugu	989-7357
MWR Point Mugu.....	989-7509
Medical Services	
Branch Clinic Pt Mugu	989-8815
Naval Medical Center San Diego .....	619-532-8328
Naval Medical Clinic Pt Hueneme	982-6301
Champus Claims Processor.....	800-930-2929
Tricare West	888-874-9378
Naval Base Ventura County .....	982-6851
Navy College	989-8362
Nex Autoport.....	488-0161
Navy Exchange (NEX)	
Naval Base Ventura County	982-4409
Point Mugu.....	989-8896
Navy Federal Credit Union	866-454-3141
Navy Lodges	
Pt Hueneme.....	985-2624
World-Wide Reservations	800-628-9466
NAS North Island.....	619-435-0191
Naval Station	619-234-6142
Navy-Marine Corps Relief Society	
Naval Base Ventura County.....	989-8918
CBC Pt Hueneme	982-6800
NCIS.....	989-7574
Outdoor Recreation Gear Issue	989-8407
Personal Property/Household Effects	
Pt Hueneme.....	982-4445
San Diego	556-6683

Picnic Pavilion Reservations.....	989-8407
Point Mugu Medical Clinic	989-8815
Poison Control Center.....	800-876-4766
Police Naval Base Ventura County	989-7907
Pool.....	989-7788
Post Office	989-8707
Preschool.....	488-0233
Recreation (NBVC)	
MWR	982-5554
Golf Course & Pro Shop.....	989-7109
Gymnasium	989-7728
ITT Ticket Office.....	989-7628
Swimming Pool	989-7788
Theater.....	989-8249
Youth Activity Center	989-7580
Recycling Center Point Mugu.....	989-3081
Red Cross	800-540-2000
Naval Base Ventura County.....	982-3074/5200
Ventura	339-2234
24 Hour Line.....	619-542-7400
Armed Forces Emergency Service Center	877-272-7337
Runaway Hotline (National).....	800-621-4000
RV Trailer Park	989-8407
Sato.....	989-3536
Security	989-7670
Security Dispatch.....	989-7907
Ship's Arrival And Departures	619-556-3120/3121
Sick Call.....	989-8132
Subway	989-7396
Surfnet.....	989-0919
Teen Center	989-7580
Vehicle Storage .....	989-8407
Veterinary Services	982-3271
Video Rentals .....	989-8896
Thrift Shop	989-5603
Weather.....	989-8508
Western Union	800-325-6000
Womens Infants and Children (WIC).....	805-981-5251
Youth Center	989-7580

## Local Schools

### **Hueneme**

Richard Bard Elementary	805-488-3583
Hueneme Elementary .....	805-488-3569
E.O.Green	805-986-8750
Blackstock Jr. High.....	805-488-3644
Haycox Elementary	805-488-3578
Larsen Elementary .....	805-986-8740
Hathaway Elementary	805-488-2217
Hollywood Beach Elementary.....	805-986-8720
Parkview Elementary	805-986-8730
Sunkist Elementary.....	805-986-8722
Williams Elementary	805-488-3541

### **Ocean View**

Laguna Vista Elementary (Point Mugu Residents).....	805-488-3638
Ocean View Jr. High (Point Mugu Residents)	805-488-6421
Mar Vista Elementary.....	805-488-3659
Tierra Vista Elementary	805-488-4454

### **El Rio**

Rio Del Mar Elementary.....	805-485-0560
El Rio Elementary	805-485-3119
Rio Del Norte Elementary .....	805-604-1412
Rio Lindo Elementary	805-485-3113
Rio Plaza Elementary.....	805-485-3121
Rio Real Elementary	805-485-3117
Rio Rosales Elementary.....	805-983-0277
Rio Vista Intermediate	805-981-1507
Rio Mesa High.....	805-385-2706

### **Oxnard**

Channel Island High (Point Mugu Residents)	805-385-2756
Hueneme High.....	805-385-2651
Marshall Elementary	805-983-7155
Romona Elementary.....	805-483-5450
Brekke Elementary	805-485-1224
Chavez Elementary.....	805-483-2389
Curren Elementary	805-485-3323
Driffill Elementary.....	805-486-3563
Elm Street Elementary	805-487-7581
Emilie Ritchen Elementary.....	805-981-9428

Harrington Elementary	805-487-7574
Kamala Elementary.....	805-483-1153
Lemonwood Elementary	805-487-7583
Marina West Elementary.....	805-985-2844
McKinna Elementary	805-483-1171
Rose Avenue Elementary.....	805-485-1991
Sierra Linda Elementary	805-983-2280
Frank Intermediate.....	805-981-1733
Freemont Intermediate	805-485-2486
Haydock Intermediate.....	805-487-6797
Oxnard High	805-278-2907
Pacifica High.....	805-278-5000
Sanmiguel Elementary (Special Ed)	805-487-2459
Nueva Vista Intermediate (Alternative Ed).....	805-487-3918
Puente High (Teen Parent / Pregnant Teen)	805-988-7585

**Camarillo**

Los Posas Elementary.....	805-482-4606
Monte Vista Intermediate	805-482-8891
Camarillo High .....	805-389-6404
Frontier High Continuation	805-389-6454

**Private Schools**

Hueneme Christian.....	805-488-8781
Hueneme Private	805-488-0806
Mary Law Private.....	805-483-7930
Peppermint Junction	805-988-6065

**Colleges**

University Of Laverne.....	989-8850
Embry Riddle Aeronautical University	989-3776
Oxnard College .....	981-8030
Ventura College	654-6482
California State University Channel Island.....	437-8500
Conejo Valley College	497-2761
University Of California Santa Barbra.....	644-7261
California State University	562-951-4000
Northridge AT Channel Island.....	437-8500

## RELOCATION WEBSITES

VAW-116	<a href="http://www.cacclw.navy.mil/vaw116/">http://www.cacclw.navy.mil/vaw116/</a>
Military One Source	<a href="http://www.militaryonesource.com">http://www.militaryonesource.com</a>
Navy Smart Move	<a href="http://www.smartmove.navy.mil">http://www.smartmove.navy.mil</a>
PERDIEM,Travel,Transportation	<a href="https://secureapp2.hqda.pentagon.mil/perdiem">https://secureapp2.hqda.pentagon.mil/perdiem</a>
Navy Housing	<a href="http://www.navyonestop.com">http://www.navyonestop.com</a>
MAP SITE Relocation Station	<a href="http://www.dod.mil/mapsite">http://www.dod.mil/mapsite</a>
Personal VEHICLES	<a href="http://www.whereismypov.com">http://www.whereismypov.com</a>
Military Relocation Service	<a href="http://military.com">http://military.com</a>
National Military Family Assoc.	<a href="http://nmfa.org">http://nmfa.org</a>
OSD Military Compensation	<a href="http://dod.mil/militarypay">http://dod.mil/militarypay</a>
DFAS/MYPAY	<a href="http://www.dfas.mil">http://www.dfas.mil</a>
Travel With Pets	<a href="http://aphis.usda.gov">http://aphis.usda.gov</a>
Navy Lodge	<a href="http://navy-lodge.com">http://navy-lodge.com</a>
Military Installations And Local Community	<a href="http://pcsamerica.net">http://pcsamerica.net</a>
Military Student Info	<a href="http://militarystudent.org">http://militarystudent.org</a>
Exceptional Family Member Magazine	<a href="http://eparent.com">http://eparent.com</a>
TRICARE	<a href="http://tricare.osd.mil">http://tricare.osd.mil</a>
United Concordia Dental	<a href="http://ucci.com">http://ucci.com</a>
Military Spouse Resource Center	<a href="http://milspouse.org">http://milspouse.org</a>
Cost Of Living Calculator	<a href="http://bankrate.com">http://bankrate.com</a>
City Chamber Of Commerce Finder	<a href="http://2chambers.com">http://2chambers.com</a>
Military Acclimate (DOD Relocation Calculator)	<a href="http://militaryacclimate.com">http://militaryacclimate.com</a>
Naval Base Ventura County	<a href="http://cnic.navy.mil/ventura/index.htm">http://cnic.navy.mil/ventura/index.htm</a>
Oxnard Tourism	<a href="http://www.oxnardtourism.com/">http://www.oxnardtourism.com/</a>
Ventura County Star Newspaper	<a href="http://www.VenturaCountyStar.com">http://www.VenturaCountyStar.com</a>
Ventura Country Living Here Magazine	<a href="http://www.VC-livinghere.com">http://www.VC-livinghere.com</a>
City Of Ventura	<a href="http://www.ci.ventura.ca.us">http://www.ci.ventura.ca.us</a>
City Of Oxnard	<a href="http://www.ci.oxnard.ca.us">http://www.ci.oxnard.ca.us</a>
City Of Port Hueneme	<a href="http://www.ci.port-hueneme.ca.us">http://www.ci.port-hueneme.ca.us</a>
City Of Camarillo	<a href="http://www.ci.camarillo.ca.us">http://www.ci.camarillo.ca.us</a>



