

MENTAL HEALTH RESOURCES

NAVAL BASE VENTURA COUNTY

Resource	Contact	Access to Care
Deployment/Mental Health Clinic 3 psychologists providing specialty MH services and duty disposition	Front Desk: 805-982-6302	Active Duty Only By PCM referral or Command directed
Psychological Health Team 4 MH providers embedded with Operational Forces / battalions	Front Desk: 805-982-6058	Active Duty Only (attached to battalions or NCG-ONE and subordinates) Self-referral
Fleet and Family Support Center Wide variety of non-medical counseling	Port Hueneme 805-982-5037 Point Mugu 805-989-8146 Appointment Line for clinical services: 866-923-6478	Active Duty Only (temporarily) Self-referral
Chaplains Pastoral counseling	Duty Phone: 805-207-3409	Self-referral
FOCUS Family resiliency training Family and Couple's tracks	151 36th Avenue, Bldg 41 Port Hueneme, CA 93043 United States Phone: 805-982-1976	Self-referral
Ventura Vet Center Community based counseling	790 E. Santa Clara St. Suite 100 Ventura, CA 93001 Phone: 805-585-1860 Fax: 805-585-1864	Self-referral
Chatsworth Vet Center Community based counseling	20946 Devonshire St, Suite 101 Chatsworth, CA 91311 Phone: 818-576-0201 Fax: 818-576-0216	Self-referral
Military OneSource Non-medical community based counseling	800-342-9647	Self-referral